World-class care from one of America’s top hospitals
“I just want to take this opportunity to let you know how grateful we are for your service. It has been nothing short of impeccable. A refreshing assurance that someone is taking care of us in this difficult journey.”

Neurosurgery patient
Philippines
88 COUNTRIES
To date, patients from 88 countries have benefited from UCSF Health’s world-class care coupled with concierge international services tailored to those patients’ individual and cultural needs.

Personalized, compassionate service
All patients receive care in an environment that respects diverse cultural traditions and backgrounds. For each international patient and his or her family, a dedicated senior patient liaison coordinates care with our premier physicians and assists with any special needs before, during or after the visit, including recommending the following services:

- INTERPRETERS AND TRANSLATION SERVICES
- SPIRITUAL AND RELIGIOUS GUIDANCE
- ACCOMMODATIONS AND LODGING
- RESTAURANTS AND SHOPPING
- TRANSPORTATION
- BANKING

“Although we do not speak the language, the international team made us feel like we were at home.”
Son of a liver transplant patient
Kuwait

“During my liver transplant at UCSF Medical Center, I truly enjoyed the fabulous care which was provided to me during my hospital stay. Best team in the world!”
Liver transplant patient
Saudi Arabia
EXCEPTIONAL NURSES
UCSF is among only 8 percent of American hospitals to earn the prestigious Magnet designation for excellence in nursing from the American Nurses Credentialing Center.

1
Ranking among California hospitals (UCSF Medical Center)*

6
Ranking among hospitals in the nation (UCSF Medical Center)*

671
Licensed beds (adults)

379
Licensed beds (children)

3,311
Physicians

4,710
Nurses

12,128
Employees

3,190
Babies delivered at the UCSF Center for Mothers and Newborns

44,892
Surgical procedures performed

45,808
Hospital admissions

101,285
Patients treated in the Emergency Departments

1,410,838
Outpatient visits

Except where noted, all numbers reflect combined totals for UCSF Medical Center and UCSF Benioff Children’s Hospitals.

*U.S. News & World Report, 2017-18 Best Hospitals Honor Roll

5 Nobel Prize Winners
UCSF has been home to a total of five Nobel laureates in Physiology or Medicine. They are J. Michael Bishop and Harold E. Varmus (1989), Stanley Prusiner (1997), Elizabeth Blackburn (2009) and Shinya Yamanaka (2012).
Neurology and neurological surgery

According to U.S. News & World Report, the departments of neurology and neurological surgery at UCSF Medical Center rank third among programs of their kind in the United States; together, they are the best in the West. We deliver compassionate clinical care while accelerating advances in the diagnosis, treatment and prevention of complex disorders of the brain, spine and peripheral nervous system, including epilepsy and brain and spinal glioma.

The UCSF Weill Institute for Neurosciences

The UCSF departments of neurology, neurological surgery and psychiatry comprise the newly created UCSF Weill Institute for Neurosciences. Underwritten by a $185 million donation from the Weill Family Foundation and Joan and Sanford Weill, the institute is fostering the next generation of innovative collaborations among neurologists, neurosurgeons, psychiatrists, neuroradiologists, neurointerventional radiologists and neuro-oncologists.
Cancer care
The UCSF Helen Diller Family Comprehensive Cancer Center builds on UCSF’s long tradition of excellence in cancer research, including the Nobel Prize-winning work of J. Michael Bishop and Harold Varmus. The National Cancer Institute has designated UCSF a Comprehensive Cancer Center. In addition, U.S. News & World Report has ranked our hospital the best in California in cancer care. We have expertise in all types of cancer and treatment approaches, including:

- Blood cancer
- Liver cancer
- Breast cancer
- Lung cancer
- Colorectal cancer
- Neurologic cancer
- Endocrine cancer
- Radiation oncology
- Gastrointestinal/pancreatic cancer
- Skin cancer
- Gynecologic cancer
- Soft tissue and bone cancer
- Head and neck cancer
- Urologic cancer
- Integrative oncology

Our treatment options – many of which are available in very few hospitals in the world – include the most advanced surgeries, radiotherapies, chemotherapies and immunotherapies. Our state-of-the-art molecular profiling enables us to target many of these treatments to a tumor’s specific genetic profile. For patients who don’t respond to standard treatment, we are actively involved in more than 250 cancer-specific clinical trials, spanning all cancer types. Our pioneering Symptom Management Service has led the way in addressing issues such as pain, fatigue and depression.

Solid organ transplants
Over the last half century, our interdisciplinary transplant service – one of the most active and most highly regarded in the world – has completed more than 15,000 organ transplants. Based on one-year survival rates, the Scientific Registry of Transplant Recipients gives our liver and lung transplant programs its highest rating.* We have completed more kidney transplants at UCSF Health than any other institution in the world, and since the founding of our interdisciplinary transplant service in the 1960s, our work has grown to include heart, intestinal, kidney, liver, lung and pancreas transplants. U.S. News & World Report ranks UCSF Medical Center:

- Best in the West for nephrology
- Best in California for pulmonology
- Best in the West for urology
- Best on the West Coast for diabetes and endocrinology
- Best in the San Francisco metro area for cardiology and heart surgery
- Best in Northern California for gastroenterology and GI surgery

Cardiovascular care and prevention

Our experts in cardiology and vascular disease have been pioneers in the treatment and research of heart conditions and procedures. U.S. News & World Report ranks UCSF Medical Center among the top hospitals in the nation for cardiology and heart surgery.

We use today’s most sophisticated tools to diagnose heart and vascular disease in people who may be at high risk, such as those with a family history of heart disease, high blood pressure, high cholesterol or those nearing middle age and worried about a lifestyle that has been harsh on the heart. We offer the full range of heart disease prevention and treatment options, from drug therapy to invasive procedures and surgery, including electrophysiology, heart transplantation and lung transplantation. We have been leaders in the catheter ablation of heart rhythm disturbances and are now studying how to use stem cells for the treatment of heart disease.

Blood and marrow transplant

UCSF blood disorder specialists provide the best care possible for patients with acute and chronic blood conditions. This includes being a national leader in blood and bone marrow transplants. Our expert transplant team is composed of doctors, nurses, social workers and additional health professionals who work together to care for individuals and their families throughout the transplant process. We have been named an “over performer” for allogeneic stem cell transplants by the Center for International Blood and Marrow Transplant Research, meaning that we exceed expectations for patient survival rates.

Advancing precision medicine

UCSF’s Institute for Human Genetics provides whole exome sequencing for UCSF clinicians. By sequencing just 2 percent of the genome, we can detect approximately 85 percent to 90 percent of known disease-causing genetic variants and, increasingly, use those findings to target treatments.
World leaders in women’s health

The UCSF Women’s Health Center is recognized internationally for its expertise in providing comprehensive, specialized care for women’s health issues. We are the only U.S. Department of Health and Human Services-designated National Center of Excellence in Women’s Health in Northern California, and U.S. News & World Report ranks UCSF Medical Center best on the West Coast for gynecological care. Our team includes board-certified experts in obstetrics and gynecology, reproductive endocrinology and infertility, as well as outstanding genetic counselors, psychologists, male reproductive health specialists, nurses and office staff. Doctorate-level embryology staff help maximize success for all individuals and couples who choose to undergo in vitro fertilization in our program.

“Once again: thank you very much for your excellent personalized service, which was deeply appreciated.”
Ob-Gyn patient
Saudi Arabia

Orthopaedics

U.S. News & World Report ranks UCSF Medical Center as the top hospital in the West for orthopaedics. We are always one of the nation’s leaders in National Institutes of Health (NIH) research funding – continually advancing surgical techniques and devices that improve the quality of our patients’ lives – and our Institute for Global Orthopaedics and Traumatology is a groundbreaking initiative that partners with international health care workers and systems to address the underlying causes of orthopaedic- and trauma-related injuries.
Pediatric Brain Center

By bringing together experts from all specialties related to brain health in children, the UCSF Pediatric Brain Center is advancing the standard of care for young patients with complex brain disorders. Taking advantage of UCSF’s world-class research efforts, our center links our clinical and research teams to ensure that our patients are the first to benefit from new knowledge. U.S. News & World Report ranks UCSF’s program among the top pediatric neurology and neurosurgery programs in the nation, and best in Northern California, with notable expertise that includes:

- Epilepsy treatment, including surgery
- Gene therapy
- Movement disorder treatment, including deep brain stimulation with surgical intervention
- Stroke and neurovascular care
Pediatric liver, kidney and pancreas transplants
UCSF Benioff Children’s Hospitals are leaders in kidney, liver and pancreas transplants. We offer cutting-edge therapies and drugs – some pioneered here – and are one of the few programs in the country that offer intestinal transplants for children. We are also the only center in the western U.S. to offer total pancreatectomy with islet cell auto-transplant for pediatric patients. U.S. News & World Report ranks UCSF in the top 10 in the nation for pediatric diabetes and endocrinology and among the top centers in the nation for pediatric nephrology and pediatric pulmonology.

Pediatric heart center
Ranked among the top pediatric cardiology centers in the nation, the UCSF Pediatric Heart Center is an integrated program of experts working together to offer comprehensive, patient-centered care to the fetus, infant, child and adolescent with heart disease, as well as to adults with congenital heart disease. Our surgery and interventional cardiology programs have a special focus on repairing the hearts of infants with the most complex problems, such as hypoplastic left heart syndrome. Our clinicians are also world-renowned for their skills in using echocardiography and MRI to diagnose and help treat heart defects, both before and after birth. Areas of focus include:

- Cardiac catheterization
- Electrophysiology
- Heart failure

- Neonatal congenital heart surgery
- Pulmonary hypertension

Pediatric cancer services
We deploy teams of world-renowned childhood cancer experts who care for patients with every type of childhood cancer. Our doctors are at the forefront of developing new therapies through a variety of research projects and clinical trials. U.S. News & World Report ranks our program among the top pediatric cancer programs in the nation, and best in Northern California. Our expertise includes:

- Leukemia
- Metaiodobenzylguanidine (MIBG) therapy for neuroblastoma
- Neuro-oncology

Pediatric liver, kidney and pancreas transplants
UCSF Benioff Children’s Hospitals are leaders in kidney, liver and pancreas transplants. We offer cutting-edge therapies and drugs – some pioneered here – and are one of the few programs in the country that offer intestinal transplants for children. We are also the only center in the western U.S. to offer total pancreatectomy with islet cell auto-transplant for pediatric patients. U.S. News & World Report ranks UCSF in the top 10 in the nation for pediatric diabetes and endocrinology and among the top centers in the nation for pediatric nephrology and pediatric pulmonology.
Fetal Treatment Center

As trailblazers in both fetal medicine and fetal surgery, our interdisciplinary teams continue to lead the world in diagnosis, management, care coordination and fetal interventions for high-risk fetuses. Around the time of delivery, our fetal treatment teams work with obstetricians and neonatologists to coordinate care of high-risk infants. Our 50-bed neonatal Intensive Care Nursery was one of the first of its kind in the world and cares for more than 1,000 infants each year. We are also world leaders in delivering specialized, high-level care for infants at risk for neurological injury; this includes access to promising clinical trials. U.S. News & World Report ranks UCSF Benioff Children's Hospitals best on the West Coast for neonatology.
Pediatric blood and marrow transplant

The UCSF Pediatric Blood and Marrow Transplant Program is a leader in the treatment and research of bone marrow transplants for children who have cancer, as well as diseases of the immune system, other bone marrow disorders and some metabolic diseases. Our program is internationally recognized for its expertise in treating children with high-risk neuroblastoma, sickle-cell anemia and thalassemia, and we are among the most active transplant centers for children in North America, with one-year survival rates that exceed the national averages.

Pediatric gastroenterology and gastrointestinal surgery

U.S. News & World Report ranks UCSF Benioff Children’s Hospitals among the best pediatric gastroenterology and gastrointestinal surgery programs in the nation, and best in Northern California. In addition to doctors with a broad range of expertise, our team includes nurse specialists, registered dietitians, pharmacists, therapists, pain management specialists and others with special training in treating children and teens with:

- Chronic pancreatitis
- Crohn’s disease
- Genetic disorders
- Irritable bowel syndrome (IBS)
- Ulcerative colitis

Pediatric orthopaedics

The UCSF Division of Pediatric Orthopaedic Surgery provides comprehensive, family-centered care to children with musculoskeletal disorders or injuries. Our department’s clinical research has led to the validation of two surgical techniques – vertebral body stapling and screw-and-cable spinal tethering – that help growing children avert long-term bracing and spinal fusion for scoliosis. U.S. News & World Report ranks UCSF Benioff Children’s Hospitals among the top centers in the nation for orthopaedics, and best in the Bay Area.
TOP RECIPIENT OF NIH GRANTS

In 2017, UCSF received more biomedical research funding from the National Institutes of Health (NIH) than any other public institution, continuing a seven-year trend, according to annual figures from the NIH. In addition, UCSF was the second-highest grant recipient among all public and private institutions nationwide.

Culturally sensitive care draws on our global health experience

With a mission to advance health worldwide, UCSF is committed to collaborating with leading international providers and organizations. We are driven by the idea that when the best research, the best teaching and the best patient care converge, we can deliver breakthroughs that help heal the world. Our collaborative programs include research, education and training aimed at capacity building and developing skilled workforces in other countries, remote second opinions, telemedicine, and advisory services.

UCSF leads hundreds of cutting-edge clinical trials that are shaping the future of medical care.
Global research
Our global research projects include the work of more than 600 UCSF researchers conducting projects in more than 190 countries. These diverse research and training projects encompass the fields of behavioral science, bench science and clinical trials, diagnostics and drug development, epidemiology and policy.

Education and training
Founded in 2003, Global Health Sciences (GHS) at UCSF helped establish the field of global health sciences as an academic discipline. Our master’s degree program was the first of its kind in the nation and continues to be a leader in global health education. GHS students gain access to the extensive UCSF network and work closely with faculty and mentors who are the field’s leading practitioners. Students learn multiple perspectives on global health problems and solutions in a dynamic learning environment with diverse peers.

In addition, through our Global Strategic Information group, we offer an array of leadership programs, continuing medical education (CME) courses, fellowships, short courses and workshops for physicians, nurses and allied health professionals locally and around the world, based on individual country and institutional needs. In most cases, these courses and workshops employ a train-the-trainer capacity-building approach, with the intent of incorporating educational materials into the existing curriculum of the partner institution. Our courses have been offered in more than 30 countries in Africa, Asia, Latin America and the Caribbean, the Middle East and Central Europe and have been taught in French, Portuguese, Russian and Spanish.
Remote second opinion program
If you are facing a complex medical issue or difficult treatment decision, having a second opinion from a world-class academic medical center can provide valuable guidance and peace of mind. Our online second opinion program (www.ucsfhealth.org/secondopinion) offers patients and physicians access to leaders at UCSF Health in all major specialty areas, no matter where you live. The process is simple, convenient and completely confidential.

Telehealth
Telehealth encompasses a broad variety of technologies and tactics that deliver virtual medical, health and education services to patients from around the world who might otherwise lack access to certain providers or services:

- Physician-to-physician e-consults in 11 specialties
- Telepathology
- Teleradiology
- Video consults

Advisory services
In addition to our clinical, educational and research-oriented projects around the world, UCSF Health is developing services that enable international partners to leverage the expertise associated with a leading academic medical center. We are interested in fostering international partnerships in which our experts in business and administration, clinical care and education collaborate with our partners on services that include health system development, adaptation of technology advances and provider training.

Easy access to expert opinions
When the son of a Chinese woman with lung cancer called International Services, he was not yet sure his family was ready to travel to the U.S. for care. Upon finding the process of registering for a remote second opinion so efficient – and the physician’s report so detailed and easy to read – they decided to come to UCSF for their care.
UCSF Health attends to the spiritual needs of our patients, with our chaplains representing many faith traditions and our hospitals providing dedicated spaces for prayer and meditation.
Access our world-class care

FIND A DOCTOR

UCSF Health/UCSF Benioff Children’s Hospital San Francisco
For help finding a specialist or a primary care physician in San Francisco:
Phone: 888-689-8273 (888-689-UCSF)
Email: referral.center@ucsfmedctr.org
Web: www.ucsfhealth.org/findadoctor (adults)
www.ucsfbenioffchildrens.org/findadoctor (children)

UCSF Benioff Children’s Hospital Oakland
For help finding a pediatric specialist or primary care physician at
UCSF Benioff Children’s Hospital Oakland:
Phone: 510-428-3000
Web: www.childrenshospitaloakland.org/findadoctor

SPECIALTY CARE CLINICS

Doctors from UCSF Health treat patients at specialty care clinics located throughout Northern California. These clinics, which are affiliated with doctors, medical groups and hospitals in communities throughout the region and beyond, allow patients to receive our services closer to home.

Adult clinics: www.ucsfhealth.org/specialtyclinics
Pediatric clinics: www.ucsfbenioffchildrens.org/specialtyclinics
www.childrenshospitaloakland.org/specialtyclinics

ucsfhealth.org | ucsfbenioffchildrens.org | childrenshospitaloakland.org
“My wife and I had a wonderful experience at UCSF Medical Center. We had the best care from nurses, medical team and staff. They made my wife’s stay wonderful.”

Husband of a liver transplant patient
Kuwait
INTERNATIONAL SERVICES

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San Francisco, CA 94158 USA
+1 415-353-8489
+1 415-353-3672 (fax)
ims@ucsf.edu
www.ucsfhealth.org/international

At your fingertips

You can keep up with the latest treatment innovations, review physician biographies, get directions and much more by visiting our websites.

UCSF Medical Center
www.ucsfhealth.org

UCSF Benioff Children's Hospital San Francisco
www.ucsfbenioffchildrens.org

UCSF Benioff Children's Hospital Oakland
www.childrenshospitaloakland.org

UCSF Medical Center at Mission Bay
www.ucsfmissionbayhospitals.org