

## pouchitis

### What is a pouchitis?

It is the inflammation of the pouch reservoir.

### Does it happen to everyone?

No, it doesn't happen to everyone. About 25% of patients can develop it at 1 year, 35% at 3 years and 45% at 5 years.

### What are the symptoms?

Common symptoms include increased stool frequency, urgency, bloody stools, and abdominal pain.

### How is it treated?

It can at times self-resolve. Antibiotics are the treatment in most cases. Other medications may be needed if it becomes an ongoing issue.

### Can it happen more than once?

Yes 60% of patients can have one recurrence and up to 20% of patients can develop persistent pouchitis.

## cuffitis

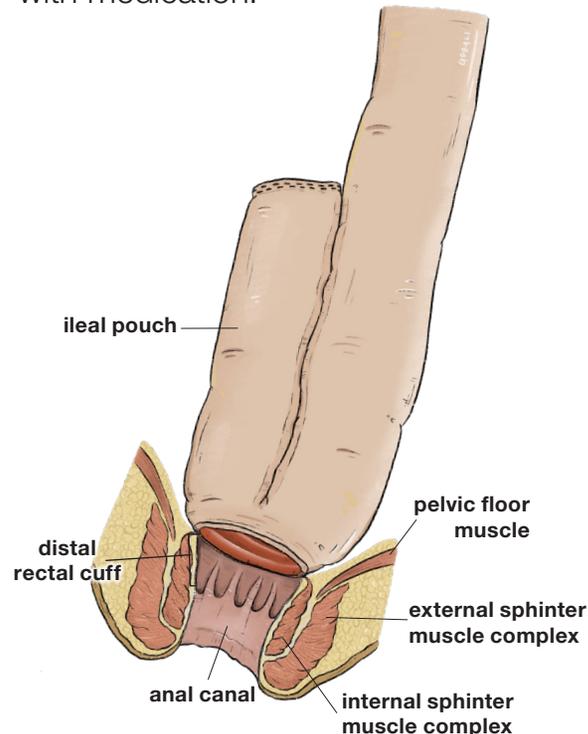
As part of the surgery, the pouch is sewn to a small section of rectum called the "cuff". For patients with ulcerative colitis, this remaining rectum may become inflamed with colitis, which is called "cuffitis".

### What are the symptoms?

Can be similar to pouchitis symptoms.

### How is it treated?

It is usually treated successfully with medication.



**UCSF** Benioff Children's  
Hospitals  
Oakland | San Francisco

# Surgery for Ulcerative Colitis

### Pediatric Surgery

1825 4th street  
San Francisco, CA 94158  
(415) 476-2538

747 52nd street  
Oakland, CA 94609  
(510) 428-3022

### Pediatric Gastroenterology

1825 4th street  
San Francisco, CA 94158  
(415) 476-5892

744 52nd street  
Oakland, CA 94609  
(510) 428-3058

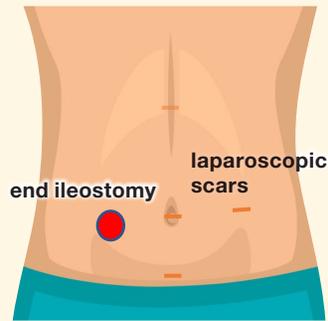
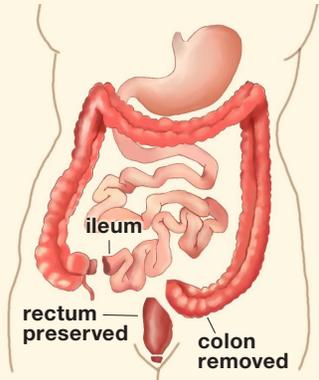


[UCSFBENIOFFCHILDRENS.ORG/IBD](https://www.ucsfbenioffchildrens.org/ibd)

## stage 1

### total colectomy

remove colon

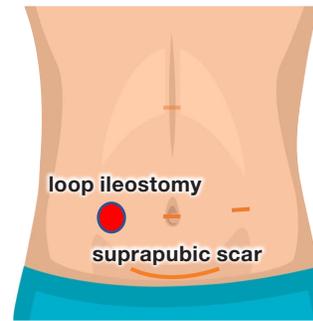


at least 2 months

## stage 2

### proctectomy and ileal pouch-anal anastomosis

remove the rectum and create ileal pouch

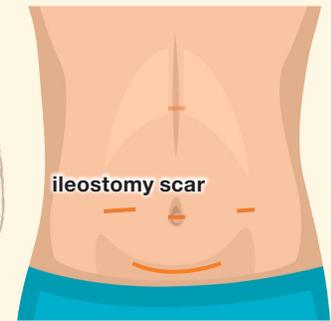


2 months

## stage 3

### ileostomy closure

reconnect the small bowel

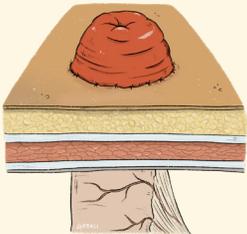


### what to expect

Hospital stay: 5-10 days

Diet: Low residue diet for 2 weeks with slow re-introduction of fiber

#### end ileostomy

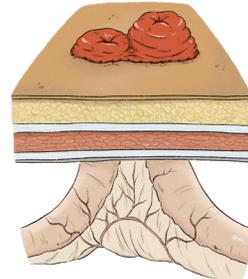


### what to expect

Hospital stay: 4-5 days

Diet: Low residue diet for 2 weeks with slow re-introduction of fiber

#### loop ileostomy



### what to expect

Hospital stay: 4-5 days

Diet: Regular diet

Activity: No heavy lifting (no more than 10 pounds, or about 1 gallon of milk), for 4 weeks after surgery

#### ileostomy scar



### follow-up

At least yearly doctor's appointments, labs and possible surveillance endoscopies